

The  
Scribes  
Scribblers

# Inklings

THE FORT WORTH CALLIGRAPHERS GUILD

JAN-FEB 2021

Issue Three of Four



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COVER ART by Monica Kelley  
Monica's project for the recent Luscious Layers workshop was created in class using watercolors on Arches hot press watercolor paper. Materials used in the project include 90% alcohol, salt, grounding medium, charcoal, sumi ink, acrylic paint and stencils. The paints and other materials were layered on larger papers to provide ample area from which to choose a unique pattern to add writing and other embellishments to in the creation of the final product. (See workshop review on p. 4.)

**Inklings** is published by the Fort Worth Calligraphers Guild four times during its meeting year, September through May. Issues will be released during the months of **September, December, February and April**. The in-between months will be email blast communications. E-Blast will likely occur the Monday prior to set meeting dates.

To submit an article, please email text to [news@fortworthcalligraphers.com](mailto:news@fortworthcalligraphers.com) [Attention Newsletter Editor] by the 26th of the month prior to the publication. Text should be in MS Word document or equivalent. Photos should be submitted in JPEG 300dpi format. We try our best to give our members accurate and current information.



Sharon Fullerton  
14483 S Lakewood Avenue  
Bixby, OK 74008  
918-630-7621 - cell  
smfullerton@mac.com

Birthday --- December 10

Please add this to your directory.  
Be sure to welcome her to our awesome group!

Sunday, February 14, 2021



By now you likely have received a package pertaining to this event.  
ENJOY!

**Please join us this Sunday at 2p.m. through the Zoom link that will be sent the day before.**

This month's 3x3 artwork theme will be "**EDGY**" so please have them ready to show on black background (3.25"x3.25"). Also email your work to Mary DeChellis for uploading to the Fort Worth Calligraphers Guild Facebook page.

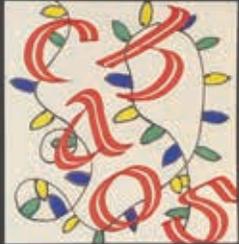
Please also be prepared to show/share any handmade Valentines you received from a guild member or that you sent to someone else. Show the card 'live' or 'share screen' with a photograph of it. We'd like a description of how the card was conceived, made and sent (materials used, what worked, what changes you'd make if you were doing it again, etc.).

Additionally, if you have some past guild-exchange valentines that you have treasured, bring them along to show and describe.

There will be a door prize or two and some free-form discussion if time allows. Since we are not meeting in person and thus are missing the traditional calligraphy tool or materials gift exchange, let's just enjoy them again and be inspired to create more meaningful art for others.



Cynthia Bottrell



Angie Vangalis



Catherine Burkhard



Cindy Haller



Judy Johannesen



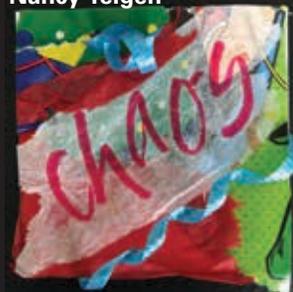
Linda Langley



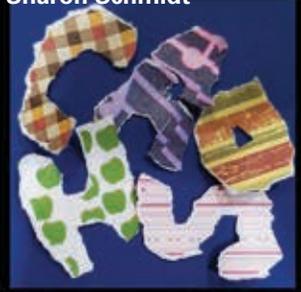
Mary DeChellis



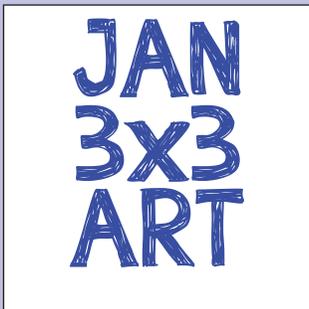
Nancy Teigen



Sharon Schmidt



Tom Campos



Angie Vangalis



Catherine Burkhard



Cindy Haller



Cynthia Bottrell



Judy Johannesen



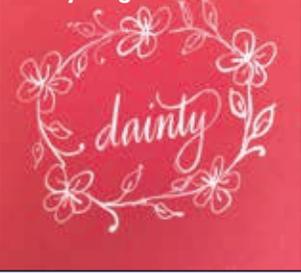
Linda Langley



Mary DeChellis



Nancy Teigen



Tom Campos





Monica Winters



Betty Barna



Jacqueline Sullivan

# LIVELY & LUSCIOUS LAYERS

with Jacqueline Sullivan

**Workshop Review by Cynthia Bottrell and Cindy Haller**

Our first workshop of 2021, and our first virtual workshop, was a learning opportunity for all levels. Twenty-two participants from four guilds—Fort Worth, Waco, Tulsa and Kaligrafos—took advantage of the opportunity to build calligraphic paintings, layer by luscious layer.

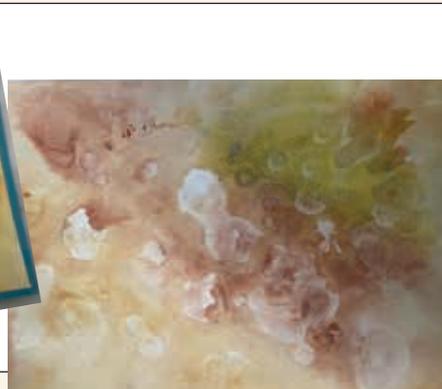
Over two working days, [Jacqueline Sullivan](http://blog.jacquelinesullivan.com/biography/) [ <http://blog.jacquelinesullivan.com/biography/> ] took us through creation of an abstract work. We used paper, water media techniques and the layering of transparent washes, plus various styles of broad-edged or brush lettering, mark-making and handwriting. Group instructional sessions were interspersed with breakout sessions that allowed Jacqueline to coach each of us individually.

Day One focused on watercolor. Once you put colors on a piece of paper, it is automatically transformed. It is then much easier to start working on blends, edges, colors and composition to layer and balance the image. Jacqueline generously shared a variety of tools, mediums and painting techniques to keep us moving toward our final paintings. Day two focused on [asemic writing](https://en.wikipedia.org/wiki/Asemic_writing) [ [https://en.wikipedia.org/wiki/Asemic\\_writing](https://en.wikipedia.org/wiki/Asemic_writing) ] and waterproof calligraphy. A love of text and words was key to this very personal part of the experience.

Angie Vangalis  
work in progress



Linda Jones



Sharon Schmidt





Judy Johannesen



Vicki Northern



Linda Langley



Betty Barna

The final images that emerged were breathtaking abstract paintings incorporating watercolor, asemic writing and waterproof calligraphy techniques. Fragments of our final paintings were transformed into watercolor cards, sized to fit inside an origami-form pocket book.

Several lucky winners took away door prizes, generously provided by Angie Vangalis, who also served as our stellar tech host. Carol Scott won the grand prize—Jacqueline Sullivan’s painting, completed during the workshop. All attendees received access to the recorded session for permanent download or online viewing.



Vicki Villareal

A teaching artist for more than 30 years, Jacqueline often reminded us that creativity is a process. Though you strive for perfection, resist the urge to quit on something you believe is average or ugly. Every painting has an ugly phase. Be kind to yourself and avoid comparisons. Rework, re-layer and reconsider. Sometimes, YOU WILL REACH AWESOME!

Thank you, Jacqueline. Your work represents a special intersection of watercolor and words. And thank you, Judy Johannesen, FWCG workshop coordinator, for this rewarding learning experience.

THANK YOU to all who participated who shared their work.



Cindy Haller



Cynthia Bottrell





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There are about nine calendars left from our order. If you haven't had a chance to purchase one, please let Sharon know and she will mail to you once the check is received. One calendar is \$10 and the postage is \$2. Payment by check mailed to Nancy (or through the website PayPal). The website has details of pricing. If using PayPal, use the Donate button at the end of the first page meeting info (just above the calendar).

## FORT WORTH CALLIGRAPHERS GUILD MINUTES: DECEMBER 13, 2020

The General Membership meeting of FWCG convened Sunday, December 13, 2020 using Zoom video conferencing. Meeting was called to order by President Gina Tanner at 2:02 PM. There were 19 people logged into the meeting.

Cayetano Olivarez, treasurer had e-mailed the treasurer's report to the board earlier in the week. We have a current balance of \$ 11,868.26. Nancy Teigen provided a report from the FWCG calendar sales. We ordered 175 calendars, sold 165 calendars. Total revenue as of Dec. 9 is \$964.93 with 3 checks still to be deposited. Total costs (printing and postage) as of Dec. 9 are \$523 with a net profit of \$401.93 as of Dec. 9.

The minutes from the November meeting were published in the newsletter that was sent out last week via e-mail.

Mary DeChellis had to leave the meeting so Angie presented the December 3x3 challenge. Members showed their interpretation of the word CHAOS. Angie announced that the January word will be Dainty.

Nine members participated in a Christmas card exchange. Several people shared the cards that they had received.

Monica Kelley gave a virtual studio tour of her work space.

The meeting was adjourned at 2:40 pm. Angie introduced the speaker Wendy Telford from San Diego. She presented an interesting program on how to make card folders.

Respectfully submitted,  
Nancy Teigen, FWCG Secretary



### FEBRUARY

6..... Edith Dwight  
16..... Suzanne Raif  
17..... Tom Campos  
17..... Lynda Kemple  
18..... Sherry Barber

### MARCH

7..... Marilee Haughey  
26 ..... Beth Hammil

### APRIL

no birthdays

# THE CREATIVE PROCESS

(Or How to Eat an Elephant — Part 3)

by Sharon Schmidt

As I began to contemplate that next spoonful of elephant—the creative process—I ran across a quote by Oliver Wendell Holmes, Sr., which stimulated a brief research of his life and writings. (I'd always heard of him but not known about his many talents.) Although not known for art or calligraphy, Holmes was a learned man in the 19th century who was famous as a writer, a poet, a physician and intellectual.

In the research, I collected three of his quotes, the context of which probably do not stem from art at all. But truth is truth and can be applied to many arenas—including our art form.

*"One's mind, once stretched by a new idea, never regains its original dimensions."*

—Oliver Wendell Holmes

In exploring the Creative Process, we should always avail ourselves to the ideas of artful expression that are around us, awaiting discovery.

As Mark Boulton describes in "Saving the Spark: Developing Creative Ideas" — a graphic design blog — ideas are "at the heart of every creative process.



However, almost no really good ideas are flashes of inspiration. They may start that way — a single glimmer of something special — but in order to work, ideas need to be honed. Like a really good cheese, they need to mature. Indeed, the 'flash of inspiration' idea — the Eureka moment —

is only a part of a longer process that, if ignored, will see most ideas simply fizzle out."

One cannot rely on the spark because it is fleeting. What we CAN do, however, is keep our eyes/ears/heart open to inspiration so that we can recognize it. It wouldn't hurt to write it down, too, and revisit it often. As we go over in our minds the beginnings of the spark, it will lead to fleshing out the ideas.

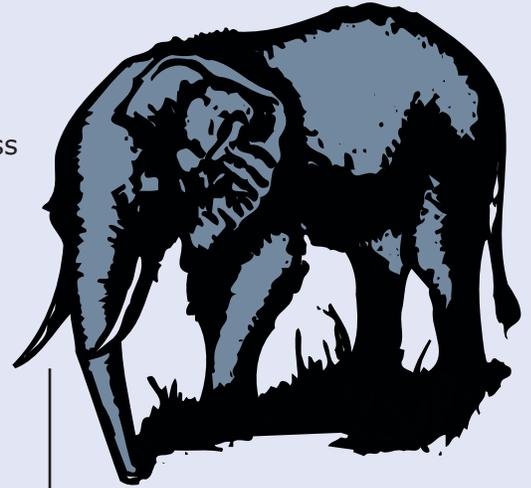
Boulton also mentions that ideas "need to be worked at. They need to be crafted: cajoled into shape..." and that's why I've started packing a small journal of ideas, just to make note as the ideas begin to flourish.

The mind is our chief creative muscle and, like any other muscle, it must be exercised to perform at optimum levels. So I have begun to explore the creative process and it is starting to change my perspective.

Back to that first quote, it's true that I don't perceive 'creativity' the way I used to. Instead of seeing it as a free-spirited exploration of color and texture that bursts upon and takes control of the one creating...I now understand the process is deeper and demands more attention. This does not necessarily require more time in the studio, but it needs more mental attention between creative sessions so that the sessions themselves are more productive.

*"The great thing in the world is not so much where we stand, as in what direction we are moving."*

—Oliver Wendell Holmes



Obviously, at some point the practice of the craft needs to be developed so that skills increase. But Mr. Holmes would applaud us that we are gaining understanding, gaining momentum in the development of ideas and ways to showcase calligraphy or art forms.

By entering the creative process, we are committing into motion the very ideas being given to us, sent to us, by the idea that sparks in front of us. Like watching for lightning bugs in the back yard in summer, the spark of an idea is fleeting, but at least we see it. We see it because we are looking for it. If we can grasp that flash of an idea and nourish it, it will blossom into light.

*"Every calling is great when greatly pursued."*

—Oliver Wendell Holmes

Commitment. The other side of this coin is the rigorous pursuit of the visual and tactile element. Otherwise, it is still just an idea. If the idea doesn't flourish it will vanish. Another analogy is the spark in an ember. If you fan the flame it will grow and give light

## The Creative Process

Continued from Page 9



and warmth. If left to die, the ember goes out. The light and warmth dissipate.

Right now, consider the flashes of inspiration you've glimpsed even in the past several months as we've explored the creative process. Take one of them and put it on paper. Try it more than one way. Change its color, its shape, its texture. Watch it grow. Try the unexpected. Make it yours!



Look for Part 4 in the next issue of **Inklings**, scheduled for April 2021.

**3X3 WORD  
OF THE MONTH  
CHALLENGE**

The February word is  
**EDGY**

## FORT WORTH CALLIGRAPHERS GUILD MINUTES: JANUARY 10, 2021

The General Membership meeting of FWCG convened Sunday, January 20, 2021 using Zoom video conferencing. Meeting was called to order by President Gina Tanner at 2:00 PM. There were 27 people logged into the meeting.

Cayetano Olivarez, treasurer had e-mailed the treasurer's report to the board earlier in the week. We have a current balance of \$ 11,456.67.

Next month is traditionally our Valentine party. Since we will still be meeting virtually, members that wish to participate in a Valentine card exchange should e-mail Gina Tanner at Spacedesign2001@aol.com. Sharon Schmidt announced that members will be receiving a special surprise in the mail for Valentine's Day.

Workshop chair Judy Johannesen reported that Jacqueline Sullivan had agreed to do a virtual workshop on Luscious Layered Lettering. Linda Jones had e-mailed a preview of this workshop to the membership earlier today. The proposal was a 6 hour workshop from 10-4 on February 6 & 7, 2021. Jacqueline's fee is \$600/day. If 30 people signed up, the cost would be \$40/person. We could also open this up to other calligraphy guilds in order to reach 30 participants. Judy will do some further negotiating and report back.

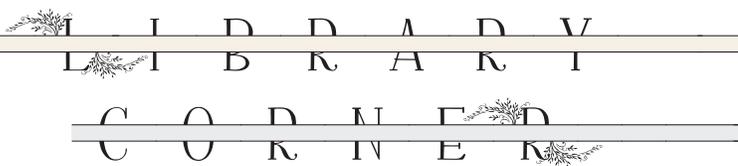
Angie Vangalis reported that Legacies will be a virtual conference this year on July 3-10, 2021. There is a possibility of some small in-person sessions. Further announcements for Legacies will be forthcoming. Angie also announced that CyberScribes has an envelope exchange upcoming. Deadline for sign-up is January 15. Angie posted the address for sign-up in the Zoom Chat window.

Mary DeChellis presented the January 3x3 challenge with the word "Dainty." Members showed their interpretations. **The word for February is "Edgy."**

Tamer Ghoneim gave a virtual studio tour of his work space.

The meeting was adjourned at 2:47 pm. Angie introduced the speaker Janet Takahashi. She presented an interesting program on Organizing Your Year.

Respectfully submitted,  
Nancy Teigen, FWCG Secretary



Bet you'd like to have one of our terrific library books to peruse during the after-holiday break! The temporary check-out system during Covid restrictions are the same procedure of requesting a book (go to [www.librarything.com](http://www.librarything.com). On the home page, under "Already a member?" enter FWCG in the "name" field; the case-sensitive password is **Letters26**.)

Then contact Mary by e-mail [mary.dechellis@yahoo.com](mailto:mary.dechellis@yahoo.com) to let her know which book(s) you want to check out. Arrangements can be made for you to pick up the book(s) and if no one else had requested it, an extended return date could be arranged.

# Organize Your Year

A program by Janet Takahashi

Reviewed by Suzanne Raif

Janet Takahashi is known for her SKETCHBOOKS • JOURNALING • CALLIGRAPHY • ILLUSTRATION • PAINTING. She loves NATURE • WORKSHOPS • TRAVEL SKETCH-TREKS • MUSE CREATIVITY COACHING • and CHOCOLATE. To do as much as she does, Janet must be the most organized and efficient person in the world! Not only does she meticulously document virtually every aspect of her life but she does it in a beautiful and appealing manner.

For our January 2021 program, Janet described her process of organizing her life and projects.

## Digital records:

Using an I-pad and cell phone, Janet keeps a record of:

- The type and color of ink in each pen and the date the ink was loaded into the pen.
- Nibs in her collection. Refers to this list when shopping to prevent purchasing duplicates.
- Books she owns are tracked by an organizing app called "Book Buddy Plus" that sorted by category as well as books for future purchase. When she documents the purchase of a new book in the app, she places a tiny checkmark in pencil at the beginning of the book so she knows that it has been entered into her records.

She also uses an app "MyStuff2 Pro" to document watercolors and inks that she has. Also, uses Evernote for documentation. By using digital apps, she is certain to have her records available for reference whenever she is out and about since she has her phone with her.

That is just the digital records. There is more.....so very much more.

## Notebooks:

Janet maintains a multitude of notebooks in various categories.

- Idea notebook for concept sketches for clients.
- Phone logs. Documents phone conversations and notes such as details for workshops. She has her own code that she uses to indicate if she initiated the call, if no one answered, if she returned a call, etc. This record is invaluable as a reference tool for all the workshops and projects she is involved with.
- Ink notebook. Keeps separate sections for colored ink and black inks. She writes with the ink so she can see the actual color and opacity of ink.
- Pen notebook. This is a log of all pens that she has purchased. Has a pen that she always wears around her neck (it has gold on it from all the gilding she does).
- Notebook just for notes.
- Reminder notebook for quotes and things that she likes.
- Brainstorming notebook. Spiral bound notebook to jot ideas that she has and brain dumping.

All of these notebooks are easily accessible and stored at arm's length in her studio.

In her purse, she keeps a pocket protector filled with a fountain pen, roller ball, micron pens (2 colors usually red and black), Brush pen (2 colors), scissors, glue stick and Post-It notes.

Janet has a file folder where she stores magazine clippings of images that appeal to her for reference for drawing, all sorted by category.

Magazine articles are placed in clear plastic sleeves and stored in a ring binder so she can easily flip through them.

Her collection of wooden stamps is stored in trays and easily accessible.

Also in trays, is a collection of Post it notes in various sizes and colors as well as Washi tape.

**Planner:**

For her planner, she uses a Traveler’s notebook. A yearly calendar is placed at the beginning of the notebook.

For each month is a monthly page followed by weekly pages. She stamps out beginning of month and makes notes. Documents birthdays and events for each month and places a red dot on calendar to indicate an event for each day.

As events come up, she enters them into the monthly page.



**How Janet tracks her projects**



Weekly pages are a double spread with calendar on the left side and lists on the right. Birthdays and other events are posted on weekly calendar. Lists include to do, call and other info such as notes about tools (pencil). To simplify the process, she made a template to quickly draw out her weekly pages.

She prints out a calendar from internet to add to planner. If too large to fit in planner, she folds and cuts to desired size. Notes can be added to these calendars. She slips it through the elastic in the center of the notebook.

Tabs are quickly and simply made by using thin Post-It notes (or cutting larger sized Post-It notes) and folding them in half.

Janet showed us how to add 2-3 book signatures into the Traveler’s notebook using large rubber bands.

**Portable Paper Pocket Planner:**

Janet prefers this style of “booklet” because it gives her a larger format than a ‘zine would. She can glue or stamp a small monthly calendar, add notes and it conveniently fits in her purse.

Fold 8-½ by 11 sheet of paper into quarters.

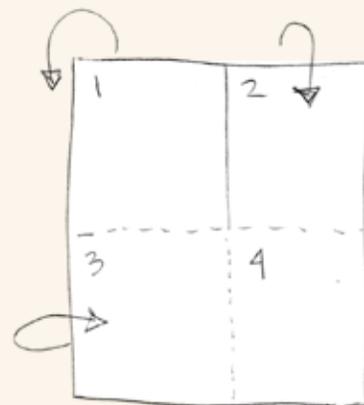
Cut a slit down the middle lengthwise stopping at the middle fold (see diagram).

Fold section 2 down. Fold sections 1 and 2 over and to the right.

Fold section 1 down (this will be the back side) to finish the little booklet.

Janet says to make working in your planner a daily habit. For instance, if you are a morning person, work on it while you are drinking your coffee. Do what works for you and be open to changing whatever isn’t working.

“It must become routine • It must be accessible • Make time”



## ART DEADLINES for those who are interested in more challenge...

### February 10, 2021 - DRAWN: THE 8TH ANNUAL EXHIBITION OF CONTEMPORARY DRAWING

The Cincinnati based non-profit arts organization and gallery, Manifest, invites visual artists to submit works of drawing in any media relevant to the practice (including non-traditional approaches), any style, and any genre (fine art, illustration, design, conceptual, realism, etc.). \$40 for up to FOUR entries submitted. \$5 per each additional entry. Entry Fee. Details: <http://www.manifestgallery.org/drawn>

### February 15, 2021 - NIKON PHOTO CONTEST 2020 2021 The 2020-2021

Nikon Photo Contest is comprised of two competitions with varying deadlines : • Photo Competition – Entrants may submit single images and photo stories (2-5 images per story); • Short Film Competition – videos 3-5 min. Open category theme in both competitions is “Connect”. Next Generation category theme, open to artists aged 25 years old and younger, is “Passion”. No Entry Fee. Details: <http://bitly.com/3jnGolX>

### February 15, 2021 - APILA'S FIRST PRINTING AWARD 2021

Apila Ediciones in collaboration with the High School of Design of Aragón, School of Arts in Zaragoza and with the support of its Town Hall, announces “Apila’s 2021 First Printing Award”. This is an international illustrated picture book contest to promote creativity and enrich children’s literature with an educational scope. No Entry Fee. Details: <http://bitly.com/2TcNVtd>

### February 18, 2021 - SKYPIXEL 6TH ANNIVERSARY AERIAL PHOTO & VIDEO CONTEST

SkyPixel and DJI invite aerial photographers and filmmakers from around the world to take part in the SkyPixel 6th Anniversary Aerial Photo & Video Contest. The competition consists of 11 categories in two formats, one in photography and the other using video. No Entry Fee. Details: <http://bitly.com/38oNhmJ>

### February 22, 2021 - HUMOR ME FUNNY WRITER'S FELLOWSHIP

This fellowship is open to poets, fiction writers, playwrights, essayists, columnists, memoirists, and screenwriters who use humor as a key element in their work. While the humor may range from wry to screwball, the work should demonstrate literary merit and the promise of publication. The fellowship winner will receive a two-week residency to allow the recipient to focus on their work. Application Fee. Details: 479-253-7444 OR <http://www.writerscolony.org/fellowships> OR [coordinator@writerscolony.org](mailto:coordinator@writerscolony.org)

### February 26, 2021 - CENTER FOR PHOTOGRAPHIC ART MEMBERS EXHIBITION

The Center for Photographic Art (CPA) is excited to announce the 2021 Members' Juried Exhibition! This year we are offering \$2000 in awards. New or current CPA members working in all still photographic media are welcome to enter. There is no theme; any subject matter is eligible. An entry access code is available for CPA members. \$35 for 3 images. Entry Fee. Details: 831-625-5181 OR <http://photography.org/2021-mje-prospectus> OR [ann@photography.org](mailto:ann@photography.org)

### February 28, 2021 - SLOWART PRODUCTIONS | ARTE NATURA

Arte Natura is a thematic exhibition based on art inspired by the natural world. The exhibition will be held at the Limner Gallery, May 13 - June 5, 2021 and is open to all artists working in any media. All interpretations of the theme are acceptable, including landscape, fruits, vegetables, flowers and fauna and human figuration as part of the natural environment. Entry Fee. Details: <http://www.slowart.com/prospectus/natura21.htm>

### February 28, 2021 - WOW! WOMEN ON WRITING WINTER 2021 FLASH FICTION CONTEST

Seeking short fiction of any genre between 250 – 750 words. The mission of this contest is to inspire creativity, communication, and well-rewarded recognition to contestants. Electronic submissions via e-mail only; reprints are okay; simultaneous submissions okay; multiple submissions are okay as long as they are submitted in their own individual e-mail. Open internationally. No Entry Fee. Details: <http://www.wow-womenonwriting.com/contest.php> OR [nicole@wow-womenonwriting.com](mailto:nicole@wow-womenonwriting.com)

Let us know if you do some of these.

*Plans for Legacies III  
include Virtual Classes.*

*If you are tech-savvy, and  
would like to help as a Tech  
Host, please contact [angie@  
tvlac.org](mailto:angie@tvlac.org) to get on the list!*

**The next issue of  
this newsletter  
will have detailed  
descriptions of  
the Legacies III  
conference to  
be hosted this  
summer by Texas  
Lettering Arts.  
Watch your email  
for information  
on registration,  
classes, teachers,  
fees, etc.**

Some  
HANDMADE  
CARDS  
From December 2020



**SUZANNE RAIF**  
to Gina Tanner



**LINDA LANGLEY**  
to Catherine Burkhard



**NANCY TEIGEN**  
to Linda Langley



**SHARON SCHMIDT**  
to Suzanne Raif

